You Can Now Eat **Your Favorite Food** Without Any Fear

Kramer Says: "Eatonic" Rids Weak Stomachs of Acids, Gas, Heartburn, Food Repeating and Stomach Miseries

What miserable feelings are caused a full meal, robs good living of half juice a chance to do its work as it tts pleasures. Is there any way out should. for you sufferers with stomach weak-

quick, relief for indigestion, dyspepsia, candy. "sour stomach," heart-burn, formation

ands of people who formerly ap- with EATONIC Tablets." proached their meals with dread, now without fear of the after-effects.

of stomach misery.

"EATONIC neutralizes the acids, by an upset stomach! That dull, that form the painful gases, "sweetheavy, "bloated" sensation that follows ens" the stomach, and gives the gastric

"To promote appetite and aid digestion, take EATONIC tablets-one or Yes; H. L. Kramer, the man who two after each meal. They are peroriginated Cascarets, has found a sure, fectly harmless. Eat them just like

"For distress after eating; sour, of painful gases, "bloating," etc., etc. "gassy," acid stomach, vertigo, nausea He calls his stomach relief EA- and belching, and that wretched, TONIC, and it certainly is making a puffed-up, "lumpy" feeling, after overwonderful record. Countless thous- eating; there is nothing to compare

All druggists sell EATONIC - 50c eat their fill of their favorite foods for a large box. Watch out for imitations. The genuine bears the name Mr. Kramer says: "My EATONIC EATONIC on each tablet-guaranteed tablets are the solution of the age-old to do all that is claimed; or if your problem of indigestion and all forms druggists don't carry EATONIC-send to Eatonic Remedy Co., Chicago, Ill.

Carter's Little Liver Pills

You Cannot be Constipated and Happy



A Remedy That Makes Life Worth Living

A BSENCE of Iron in the Blood is the reason for many colorless faces but

ARTER'S IRON PILLS will greatly help most pale-faced people

Told by a Soldier.

A returned soldier tells this story: "I was in France and wanted a light for my cigarette. I spent ten minutes making signs to a Frenchman and when I got through with my wigwagging he said in perfectly good English: "It's a match you want, isn't it?" -Washington Herald,

MAGIC! HAVE IT

LIFT OFF WITH FINGERS.

Just drop a little Freezone on that touchy corn, instantly it stops aching then you lift that corn right off. No pain at all! Costs only a few cents.



Get a tiny bottle of Freezone for a few cents from any drug store. Keep it always handy to remove hard corns, soft corns, or corns between the toes, and the callouses, without soreness or irritation. You just try it! Freezone is the sensational discov-

ery of a Cincinnati genius.-Adv.

Optimistic Thought. Reviewers are forever telling authors they can't understand them. The author might often reply: "Is that my

It may be that Fate does sometimes really give a man an unmerited

NOT ANSWER SHE EXPECTED

Williams' Meeting With Army Officer Had Evidently Given Him a New Idea About Heaven.

He was calling on the one and only

"William," she said softly, expecting the usual answer: "William, dear, have you any idea what heaven must be

"Well, I'll tell you, darling. Until ON THE DRESSER today I had never given the matter a thought, but now I believe I have a very good idea of what heaven is

"Yes?" she murmured breathlessly. Tell me what gave you this idea. "Well, it's this way," said dear William softly, "I was listening to a recruiting officer's description of life in the army!"-Harper's Magazine.

Barrel Gardens.

The New York State College of Agriculture at Cornell university recently furnished directions for a barrel garden for city dwellers whose yards are paved or untillable. Cucumbers, radishes, peas, and beans can be raised in this way.

SHAKE INTO YOUR SHOES
Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes and sprinkled in the foot-bath. It relieves painful, swollen, smarting feet and takes the sting out of corns and bunions. Used by the American, British and French troops. Allen's Foot-Ease is a certain relief for tired, aching feet. Sold everywhere.—Adv.

Times Had Changed. Mrs. Henry Peck-"You used to say

that I look good enough to eat." Peck -"I haven't as good an appetite as I had then."

neighbors seldom lose much time worrying about it.

When a shiftless man gets sick his

Most particular women use Red Cross Ball Blue. American made. Sure to please. At all good grocers. Adv.

The average man is usually too brilliant or too stupid to become famous,

A dead man is not soon forgotten if his widow marries again.

GERMANS BOAST OF OWN CRUELTY

Tell Neutral Nations How Church and House Are Destroyed.

IS MEANT AS A WARNING

Circular Recites Amount of Booty Seized in France and Belgium, and Mistreatment of English Prisoners of War.

Washington. - Teutonic frightfulness as practiced in France and Belgium has been made the subject of a German warning to neutral nations of the fate which they may expect if they take up arms against the central

"If there are any still thinking of siding with the allies let them take circular, which recites the amount of booty selzed in France and Belgium, the number of churches damaged and destroyed, the money wrung from the stricken inhabitants and finally the deliberate mistreatment of English prisoners of war.

German propagandists have flooded Spanish, and copies have come into the possession of the state department. Having established its German origin the department made public this translation:

the Germans have taken possession of incalculable booty in France and Belglum, including:

ij	High grade watches	
d	Average watches	5,016
ı	Underwear	18,073
N	Embroideries and women's hand-	
I	kerchiefs	15,132
	Umbrellas and parasols	3,705
H	Bilver spoons	1,876
Ŋ	Bottles of champagne	23,000

"These figures show a large increase over those of the campaign against France in 1870-71.

"Punisn Catholic Churches."

"In Belgium, besides many art treasures, they have confiscated old paintings valued at 3,000,000 pesetas. "Due to the treachery of Cardinal Mercier and other priests, who did their utmost to stir the priests

against the good-hearted German soldiers, they were forced to teach a severe lesson to the Belgian and French Catholics.

churches have been destroyed for military reasons. The figures concerning stances of "Y" workers under fire in with a regularity to justify saying these have not yet been published. "As a result of the stupid stubbornness of the Belgian people in contin-

uing the struggle after their bloody and final defeat on the battlefield, the German officers were forced, against their will, to impose punishments on many rich individuals and wealthy cities. This has contributed the following amounts to the German treasury:

Punishments Security Reprisals Forced contributions	15,750,000
Total	120,071,350

"This amount includes a fine of 15, 000 pesetas imposed on the Alsatian children who insist on speaking the French language and refuse to study the beautiful German language. These statistics are a most useful warning to the neutral countries.

"If there are any still thinking of siding with the allies let them take warning from the fate of others." Boast Also of Cruelty.

It is claimed also in this document that more than 50,000 British have been made prisoners, and in this connection the following statement is

their prisoners with notable kindness them.

(blandura notorin), while the regime imposed on the English prisoners by the Germans is one of extreme rigor. so that the Germans, with a small number of prisoners, have secured a much superior moral effect.

"Besides, to the 2,264 officers and 51,325 soldiers, must be added the several thousand English prisoners that have died in consequence of disease, scanty food and other accidents in German concentration camps."

The figures regarding British prisoners, it is explained, refer to the total prior to the recent drive in Picardy and Flanders.

Old Landmark Falls. Memphis, Tenn.-One of the best known landmarks on the Mississippi river is gone. A tall sycamore tree that stood on the Arkansas shore near Memphis, and which for more than 50 years served as a mark for river pilots, has been undermined by the acwarning from the fate of others," says tion of the water and fallen into the the warning. It is in the form of a river. Mark Twain was one of the famed pilots who held the jackstaff of his boat on the tree.

Sells Short Pants; Enlists.

Steubenville. O .- "I sold my short pants at Newport News," writes Gilbert E. Boycan, a negro boy aged fifteen, from somewhere in France to his Spain with this document printed in parents here. Playing truant from school to see some selective soldiers depart, the boy decided to join the army and enlisted at Wheeling, W. Va. strong solution of washing soda.

MRS. FRANCIS C. AXTELL



--.rs, Francis C. Axtell, the first woman in the United States to be appointed by executive order to a federal commission, has been promoted by the president to the chairmanship of the United States Employees' Compensation commission. She was made a member of the commission a year ago.

To Remove Paint. To remove paint from common

wooden chairs, scrub them with a

"Besides an untold amount of war material captured on the battlefield SHARE DANGERS WITH SOLDIERS

Y. M. C. A. Workers Are Almost Constantly Under Fire in France.

MANY HAIRBREADTH ESCAPES tin.

Moment's Delay Saves Red Triangle Man From Death by Shell-Experiences That Are Test for Real Man.

Washington.-Bursting shells are of the Boche guns. Dr. George Louis started on his way when a shell ex-3 Meylan, who has just returned from France where he was engaged in recreation work for the Y. M. C. A., Total 68 threw some strong light on the conditions under which all persons back "In Poland also a large number of of the trenches live—and die. He had breadth escapes every day, not every

first-line trenches. time ideas of warfare and its dan- unscathed. They work from six troops battling across a plain the size with a week off every three monthsactive,' and that means shells anywhere five to twenty-five miles back ground in zero weather this winter. of the trenches.

"Early in April the Germans made night raids and their airplanes were no shelter but a hut made often of active in bombing. Two of my or- green lumber which warped, letting ganizers were visiting camps eight or in icy blasts. A test for a real man. ten miles back of the front-line trenches. The Germans kept up the bombardment for three days during diers coming back after their baptism which time those 'Y' men were dodging shells constantly.

"On the second day they were in a Foyer de Soldat-one of the soldiers' against them, their strongest men in recreation huts provided by the French brand new equipment, to impress the with 'Y' men in charge-when, within five minutes two shells struck, one a few yards away, the other hitting the "Although to these figures the Eng- hut. The 'Y' men were thrown down lish oppose 124,806 German prisoners by the concussion. It seemed a taken by them on the western front, it miracle they were not hit, for soldiers must be remembered the English treat | were killed and wounded all around NEW MACHINE FOR ROLLING BANDAGES

"It is strange that although we have only about one woman worker to every hundred men workers, not a single 'Y' man had been killed up to the time I left France, whereas Hun shells had killed two of our women workers, Miss Crandell and Miss Winona Mar-

"In a certain woods the shells were dropping so thickly that the French commander ordered our men to abandon their huts. As the order was not received until evening, a 'Y' man of my acquaintance decided not to leave until next morning as he wished to take his stuff. Next morning he was approaching the hut when a French everyday, everyhour experiences in officer stopped him to exchange farethe lives of all soldiers and Y. M. C. wells. This took little more than a A. workers anywhere within 25 miles minute, and the Red Triangle worker ploded on the path near the hut at the point where he would have been had he not been detained.

Close Calls Every Day.

"Some 'Y' workers are having hairbeen asked to tell some specific in- man every day, but each in his time some men every day. Eight of our "Those over here who have not been men with the Canadians have been in the war zone must forget their old- killed, and we cannot expect to escape gers," said Doctor Meylan. "Forget o'clock in the morning until eleven this old idea of open fighting, with o'clock at night, seven days a week, of a large athletic field. Modern ar- and many never take their week off. tillery shoots for miles and is always On one occasion of which I know the shooting. Every person within 20 workers were up at three o'clock in miles of the trenches is under fire the morning with hot coffee to warm practically all of the time, yet the re- the French soldiers coming in after ports do not call this a battle. The a three-mile wade through mud and reports announce 'The artillery was rain. Those Pollus appreciated that.

"Many of our workers slept on the with nothing but a blanket between them and the frozen earth, and with

"I went forward toward the trenches to meet the American solof fire at Chemin des Dames and they were all eagerness for more. The Germans had sent picked troops Americans that Germany had an abundance of everything, material and robust men. Quite a contrast to the ill-equipped emaciated men the French had taken prisoners. The Americans gave such good account of themselves in this fight that the French could not praise them enough."

REFOREST BARE HILLSIDES

Scarcity of Timber Moves Mining Companies in Pennsylvania to Take Action.

Hazelton, Pa.-The scarcity of lumber for mine pillars and other mine uses has led to the creation of a forestry department by several of the large mining companies, one of which has just reforested Bear Creek watershed with 5,000 white pine and 5,000 Norway spruce trees.

Thirty thousand more trees are in process of cultivation at Hugo, Pa., in the Panther Creek valley. When timber is ready to cut in the vicinity of the mines troublesome waits and long hauls will be eliminated.

More timber in the anthracite region would stop floods, add to the water supply, reduce the drought periods and enable the anthracite industry to add to its output. Many thousands of acres are available about the mines for reforestation.

Need You Worry About This? The edges on the \$20 gold pleces wear holes in your pocket

THIS WEAK,

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.



Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which added to my weak condition kept me worrying most of worrying most of the time — and he said if I could not stop that, I could not get well. I heard so much about

heard so muchabout Lydia E. Pinkham's Vegetable Compound my husband wanted me to try it. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness."—Mrs. J. WORTHLINE, 2842 North Taylor St., Philadelphia Pa.

The majority of mothers nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down, nervous condition with headaches, back-ache, irritability and depression—and soon more serious ailments develop. It is at such periods in life that Lydia E. Pinkham's Vegetable Compound will restore a normal healthy condition, as it did to Mrs. Worthline.



Your Best Asset — A Clear Skin — - Cared for By -Cuticura Soap

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Always use Red Cross Ball Blue. Delights the laundress. At all good grocers. Adv.

Hold on; hold fast; hold out. Patience is genius.-Buffon.

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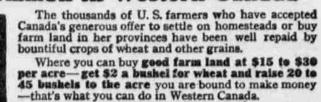
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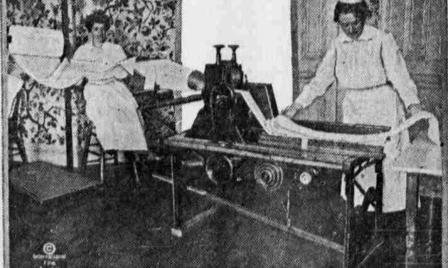


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Mrs. John Ames and Mrs. John Murist, both of Boston, are shown in this picture rolling bandages by means of a new machine recently invented by Dr. John W. Elliot. The machine folds, cuts and rolls bandages and can turn 100 yards of gauze into dressings in five minutes.